

BROCK RFC RUGBY

www.brockrugby.com



The Brock Rugby Club will be offering the following Junior Rugby Contact Programs for 2024.

Under 12 Co-ed Boys and Girls Contact Rugby (2012-2013 birth years)

These games are played in 7 v 7 across the field with 30 metre width. Modified Rugby rules, with tackle situations. Practices will be Monday and Thursday 6:00 – 7:00 pm. Games are played in Festival format on Sundays at various locations. Usual time is 9:00 am – 1:00 pm, but some may be 1:00 pm – 4:00 pm.

Under 14 Boys and Girls Contact Rugby (2010-2011 birth years)

These games are full field 13 v 13 with regular rugby rules with a few modifications. Practices will be Tuesday and Thursday 6:00 – 7:15 pm for the Boys and Monday and Wednesday 6:00 – 7:15 for the girls. Games are played in Festival format on Sundays with 3 or 4 teams at one location. Usual time is 9:00 am – 1:00 pm, however this could vary on the location.

Under 16 Boys and Girls Contact Rugby (2008-2009 birth years)

These games are 15 v 15, normal rugby rules apply. Practices will be Monday and Wednesday 6:00 – 7:15 pm for the Girls and Tuesday and Thursday 6:00 – 7:15pm for the Boys. Games will be played in a league structure on Saturday mornings usually 10:00 am or 11:00 am. The U14 and U16 girls will train at the same time in the same venue with the same group of coaches.

Under 18 Boys and Girls Contact Rugby (2006-2007 birth years)

These games are 15 v 15, normal rugby rules apply. Practices will be Monday and Wednesday 7:15-8:45 pm for the Girls and Tuesday and Wednesday 7:15 – 8:30 pm for the Boys. Games will be played in a league structure on Wednesday nights.

Cost: U12 –\$180 U14 Boys and Girls - \$250 U16/18 Boys and Girls - \$290

The cost includes fees to Rugby Canada, Rugby Ontario, processing fee and club. All athletic therapist and referee costs (home games) are covered by the club.

New players at U12 & U14 will need to purchase a Jersey (\$40) and shorts (\$40). Returning players will use the same kit as last year. The U16 & U18 teams will have a team set of jerseys and will only need shorts (\$40).

All kit will be available at the club once the season starts.

All registration is completed online at www.brockrugby.com.

For more information on registration contact: Amy Murray at amykmurray@hotmail.com.

For more information on games/practices, coaching opportunities or club policies contact: Mark Pinguet at mpinguet8@gmail.com or 905 862-8488.